

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: RZV

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Borgonie Tine

Coaches: Declercq Dries

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

## Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:1, starttime: 14:20

Heat: 1/10 Lane : 3 Athlete: BLONDEEL AXELLE				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
25 M	50 M	75 M	100 M	
PB	no time		no time	
	no time			
.....	.....	.....	.....	

Coach feedback:

## Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 14:25

Heat: 3/10 Lane : 6 Athlete: HAVRIN MAYA				Q-time: 02:02:79
PB (25m pool): no time				PB (50m pool): 02:02.79 SB: no time
25 M	50 M	75 M	100 M	
PB	no time		no time	
	no time			
.....	.....	.....	.....	

Coach feedback:

## Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 14:25

Heat: 3/10 Lane : 7 Athlete: DUMORTIER MILLA				Q-time: 99:99:99
PB (25m pool): 01:42.36 Diksmuide 10/03/2024				PB (50m pool): no time SB: no time
25 M	50 M	75 M	100 M	
PB	no time		01:42.36	
	no time			
.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: RZV

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:6, starttime: 14:35

Heat: 6/10 Lane : 6 Athlete: MAERTENS MARIEKE

Q-time: 01:38:75

PB (25m pool): 01:38.75 Diksmuide 29/12/2024

PB (50m pool): 01:39.65 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.87		01:38.75	
		00:46.87		00:51.88	
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:2, starttime: 14:45

Heat: 2/10 Lane : 1 Athlete: WINDELS MAXENT

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:5, starttime: 14:55

Heat: 5/10 Lane : 6 Athlete: DECLERCQ RAF

Q-time: 01:52:87

PB (25m pool): 01:52.51 Diksmuide 29/12/2024

PB (50m pool): 01:52.87 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.51		01:52.51	
		00:52.51		01:00.00	
	.....	.....	.....	.....	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:8, starttime: 15:00

Heat: 8/10 Lane : 8 Athlete: MAERTENS KOBE

Q-time: 01:38:15

PB (25m pool): no time

PB (50m pool): 01:38.15 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: RZV

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:9, starttime: 15:05

Heat: 9/10 Lane : 3 Athlete: HOUTHOOFD THIBAUD

Q-time: 01:27:89

PB (25m pool): 01:27.89 Groenenoek Berchem 05/10/2025 PB (50m pool): no time SB: 01:27.89 Groenenoek Berchem 05/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.73		01:27.89	
		00:41.73		00:46.16	
	.....	.....	.....	.....	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:1, starttime: 15:10

Heat: 1/10 Lane : 1 Athlete: HAVRIN MAYA

Q-time: 99:99:99

PB (25m pool): no time PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:5, starttime: 15:20

Heat: 5/10 Lane : 5 Athlete: DUMORTIER MILLA

Q-time: 01:30:91

PB (25m pool): 01:30.91 WAREGEM 27/09/2025 PB (50m pool): no time SB: 01:30.91 WAREGEM 27/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.91	
		no time			
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:1, starttime: 15:30

Heat: 1/11 Lane : 4 Athlete: DECLERCQ RAF

Q-time: 99:99:99

PB (25m pool): 01:43.47 t Badhuis Menen 02/06/2024 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:43.47	
		no time			
	.....	.....	.....	.....	

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: RZV

Event number: 5: 100M MEDLEY MEN 11+

Heat:3, starttime: 15:35

Heat: 3/11 Lane : 5 Athlete: WINDELS MAXENT

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:3, starttime: 15:35

Heat: 3/11 Lane : 7 Athlete: MAERTENS KOBE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:6, starttime: 15:40

Heat: 6/11 Lane : 4 Athlete: HAVRIN LIAM

Q-time: 01:28:85

PB (25m pool): 01:28.85 WAREGEM 27/09/2025

PB (50m pool): no time SB: 01:28.85 WAREGEM 27/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.85	
	no time				
	.....	.....	.....	.....	

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:5, starttime: 16:40

Heat: 5/8 Lane : 7 Athlete: BLONDEEL AXELLE

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: RZV

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:45

Heat: 6/8 Lane : 3 Athlete: MAERTENS MARIEKE

Q-time: 03:06:31

PB (25m pool): 03:06.31 Meulebeke 18/05/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:06.31
		no time						
	.	.	.	.	.	.	.	.

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:2, starttime: 17:00

Heat: 2/10 Lane : 6 Athlete: HAVRIN LIAM

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
		no time						
	.	.	.	.	.	.	.	.

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:9, starttime: 17:30

Heat: 9/10 Lane : 4 Athlete: HOUTHOOFD THIBAUD

Q-time: 02:36:92

PB (25m pool): 02:36.92 Diksmuide 12/10/2025

PB (50m pool): 02:44.38 SB: 02:36.92 Diksmuide 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.93		01:17.14		01:57.93		02:36.92
		00:36.93		00:40.21		00:40.79		00:38.99
	.	.	.	.	.	.	.	.

Coach feedback: